

P.O. Box 309  
Sultana, CA 93666  
Phone (559) 591-5009  
Fax (559) 591-5036  
info@gleanings.org  
www.gleanings.org



# GLEANINGS FOR THE HUNGRY

a ministry of youth with a mission

May 2026

## REGENT CHRISTIAN ACADEMY SERVES AT GLEANINGS

*Regent Christian Academy from Surrey, BC*, served at *Gleanings* over their spring break. The group of 30 high-school-aged students and 10 leaders were planning to serve in Mexico this March. Recent events prompted them to detour their trip to *Gleanings* instead. *Regent Christian Academy* values service and missions as a core Christian value. Their school motto is "Mighty in Spirit." While at *Gleanings*, the students served by pressure-washing peach trays in preparation for summer. "They did a great job," said staff member, Eric McCallum. "It was dirty work, and they kept at it." The students also came prepared with testimonies and Biblical encouragement to share at *Gleanings'* chapels. The themes of "serving at every age" and "unity with brothers and sisters in the church" were highlighted as they shared. One student praised God by stating, "You took our plans and made them yours. You turned them into something greater than we could imagine." *Gleanings* is grateful that God had other plans for your spring break, *RCA*. Thank you for serving and blessing our community! Genesis 50:20



## YWAM YOSEMITE DISCIPLESHIP TRAINING SCHOOL

In February, *Gleanings* hosted the *YWAM Yosemite Discipleship Training School* for their last week of outreach. The group of 19 came from all over the world to Oakhurst, California for DTS. After completing an international outreach to Japan and Armenia, the team came to *Gleanings* to serve for their final week. The students were responsible for designing a permanent prayer walk across *Gleanings* base. They interviewed *Gleanings* staff and wrote out prayer requests for each station of the prayer walk. *YWAM Yosemite* students also led a *Gleanings* Love Feast. They performed a dance to the song, "Praise" by Elevation Worship, and shared powerful testimonies from outreach: "I'm not the same person I was six months ago," said one student. "I had a conversation about God with a Japanese student in a coffee shop, all because we had the same highlighter," said another one. "I learned that God gets the glory for how my testimony impacts others," shared a young man from Ireland. As these students graduate and go back home, we pray that their fervor for the Lord continues to grow. Thank you for coming and blessing us with your service, *YWAM Yosemite*.



**SIGN UP FOR SUMMER**

# AT GLEANINGS!

We still have room for Summer Staff Leaders, Mission Builders, and weekly volunteer teams who want to serve the Lord wholeheartedly and feed hungry children. This year, our Summer Staff program will be directed by Sebastian Flores! Sign up at [gleanings.org](http://gleanings.org) and come ready to seek the Lord, work hard, and make friends. We especially need people to fill in empty spots during the month of August. Questions? Contact Stephanie Goei at [booking@gleanings.org](mailto:booking@gleanings.org)



## COUNTRY REPORT: KENYA

### THE NEED FOR FOOD IN KENYA

Nearly 40 percent of the population of Kenya is considered impoverished. People have limited access to basic services. Women and children face the most severe disadvantages. In Kenya, seven and a half million children are considered food poor.

### PRACTICAL HELP AND EDUCATION FOR WOMEN

With the spread of diseases, particularly STDs, and lack of proper treatment, many mothers die, and the oldest children become caregivers for younger children in the home. Keeping mothers alive to care for their children and prevent orphans is the impetus behind **HEART**, a faith-based humanitarian organization. **HEART** stands for **Health Education Africa Resource Teams**. Started by missionaries from Auburn, California in 2000, **HEART** keeps discipleship at the core of its mission. "We are strongly committed to sharing the love of Christ in practical and

transformative ways," writes US director Doug Juday. The mothers are encouraged to deepen their relationship with Jesus Christ and become more equipped to live out their faith and navigate life's challenges.

### GLEANINGS SOUP MIX IN NAIROBI

While volunteering at **Gleanings**, Mission Builder Lynn Mehren-Costa asked **Gleanings** staff if she could deliver **Gleanings** soup mix on her next mission trip to Kenya in July 2025. "People from all over the world join teams to spread out around Kenya to love people as Christ loves," Lynn said. Her team was able to take three suitcases of soup mix in their luggage. They handed out soup at five different centers around Nairobi. This translated to over 150 women and families who benefited from the soup. "The women were amazed that each bag would yield so many servings," Lynn said. "We told them about **Gleanings** and the mission to feed the world, spiritually and physically. There were tears in everyone's eyes when they realized what kind of help this meant. We were honored

to have the ability to hand out this important, nutritious food."

### WOMEN'S ECONOMIC EMPOWERMENT PROGRAM

Lynn was mostly involved in training women at a **Women's Economic Empowerment Program** (WEEP). This is a lifeline for many women. They meet weekly at a resource center to learn skills, gain nutritional education, and receive food. The women at the center also receive business training with a wide range of skills taught. These skills include dressmaking, mat making, wood turning, seed growing, the selling of cereals, vegetables, milk, and eggs, as well as goat and chicken breeding. "It's so encouraging to see them thrive and take ownership of this work," Lynn said.

### PRAYER REQUESTS

Please continue to pray that **HEART** would reach women and families, meet practical needs, and share the love of Jesus Christ. Please pray that **Gleanings** can send more food to Kenya.

## Director's Corner



Dear Reader,

This is a remarkable season for us at **Gleanings**. As I look back over my many years of serving in this ministry, I see God's miraculous presence and provision woven through every moment. He has been faithful again and again. A couple weeks ago I sensed the Lord speaking to my heart, reminding me that this is a time to fill my lamp with oil so I will not run out. You may remember Jesus' parable of the ten virgins waiting for the bridegroom in Matthew 25:1-13. Sadly, five of them were unprepared. While they went to buy more oil the bridegroom arrived—they missed Him.

As I prayed about what it means to stay filled, two things stood out to me: the joy of my salvation and the fear of the Lord. Walking in the gift of salvation brings a joy deeper than anything the world can offer. And living in the fear of the Lord means submitting to Jesus so fully that we learn to love what He loves and hate what He hates.

My hope and prayer is that you are listening to Jesus—the living Word of God—and being renewed daily by His Word.

Blessings,

*Fritz Meier*